



Ivar's Two Spoon Homestyle Soups are produced by Ivar's Seafood, Soup & Sauce Company, one of the finest food purveyors in the country. Our soup-making tradition began in 1938 when Ivar Haglund started making and selling his homemade clam chowder on the Seattle waterfront. Now, we've expanded our offerings to include the Two Spoon line, which features our own versions of homestyle favorites and a selection of original recipes that are on their way to becoming new classics. In addition to producing top-quality seafood soups, and sauces, Ivar's also develops custom soups for restaurants and foodservice companies, at our state-of-the-art facility in Mukilteo, Washington. And they're all made with the same tradition of quality that has made us famous since 1938

For more information about Ivar's and Ivar's TwoSpoon products please contact our sales department at 425 493 1402



Seafood, Soup & Sauce Company

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## Ivar's TwoSpoon Chicken Tortilla Soup

This popular Tex-Mex classic is made with tender chicken, black beans and roasted peppers, all carefully blended with just the right amount of heat and the irresistible zing of cilantro.

**Preparation time:** 35 minutes.

**Distribution Item Number:**

**Manufacturers' Code:** 974

**Contents:** Three 4-pound bags of soup concentrate.

**Yield:** Three gallons (384 ounces) or 48 eight-ounce servings.

**Shelf Life:** Three months refrigerated or 18 months frozen.

**Ingredients:** White meat chicken, black beans, corn, onions, garlic, roasted tomatoes, red bell peppers, jalapeños and cayenne.

### Nutrition Facts

Amount Per Serving		% Daily Value*	
Serving Size 1 Cup Servings Per Container			
<b>Calories</b> 90	<b>Calories from Fat</b> 10		
		<b>Total Fat</b> 1.5g	
		<b>Saturated Fat</b> 0g	
		<b>Trans Fat</b> 0g	
		<b>Cholesterol</b> 10mg	
		<b>Sodium</b> 640mg	
		<b>Total Carbohydrate</b> 14g	
		<b>Dietary Fiber</b> 2g	
		<b>Sugars</b> 1g	
		<b>Protein</b> 6g	
<b>Vitamin A</b> 4%		<b>Vitamin C</b> 10%	
<b>Calcium</b> 2%		<b>Iron</b> 4%	



## Ivar's TwoSpoon Chicken Noodle Soup

Our version of this classic soup is brimming with all white-meat chicken in a rich stock with fresh carrots and celery, tender egg noodles and savory herbs.

**Preparation time:** 35 minutes.

**Distribution Item Number:**

**Manufacturers' Code:** 225

**Contents:** Three 4-pound bags of soup concentrate.

**Yield:** Three gallons (384 ounces) or 48 eight-ounce servings.

**Shelf Life:** Three months refrigerated or 18 months frozen.

**Ingredients:** Chicken breast meat, fresh egg noodles, carrots, celery, chicken stock, herbs and spices.

### Nutrition Facts

Amount Per Serving		% Daily Value*	
Serving Size 1 Cup Servings Per Container			
<b>Calories</b> 100	<b>Calories from Fat</b> 25		
		<b>Total Fat</b> 3g	
		<b>Saturated Fat</b> 0g	
		<b>Trans Fat</b> 0g	
		<b>Cholesterol</b> 20mg	
		<b>Sodium</b> 610mg	
		<b>Total Carbohydrate</b> 12g	
		<b>Dietary Fiber</b> 1g	
		<b>Sugars</b> 1g	
		<b>Protein</b> 7g	
<b>Vitamin A</b> 35%		<b>Vitamin C</b> 2%	
<b>Calcium</b> 2%		<b>Iron</b> 4%	



## Ivar's TwoSpoon Turkey Noodle Soup

Rich, thick and comforting, this home-style favorite is made with roasted turkey, savory stock, fresh vegetables, tender egg noodles and an aromatic blend of herbs with a touch of black pepper.

**Preparation time:** 35 minutes.

**Distribution Item Number:**

**Manufacturers' Code:** 221

**Contents:** Four 3-pound bags of soup concentrate.

**Yield:** Three and one-half gallons (448 oz.) or 56 eight-oz. servings.

**Shelf Life:** Three months refrigerated or 18 months frozen.

**Ingredients:** Turkey, turkey stock, egg noodles, carrots, celery, onions, roasted garlic, herbs and spices.

### Nutrition Facts

Amount Per Serving		% Daily Value*	
Serving Size 1 Cup Servings Per Container			
<b>Calories</b> 90	<b>Calories from Fat</b> 25		
		<b>Total Fat</b> 3g	
		<b>Saturated Fat</b> 0g	
		<b>Trans Fat</b> 0g	
		<b>Cholesterol</b> 5mg	
		<b>Sodium</b> 960mg	
		<b>Total Carbohydrate</b> 10g	
		<b>Dietary Fiber</b> 1g	
		<b>Sugars</b> 2g	
		<b>Protein</b> 3g	
<b>Vitamin A</b> 40%		<b>Vitamin C</b> 2%	
<b>Calcium</b> 2%		<b>Iron</b> 4%	



## Ivar's TwoSpoon Ultimate Chili with Bean Soup

A robust chili made in the traditional style with a hearty mix of beef, beans and onions spiced with a perfectly balanced blend of chili, jalapeño and cayenne peppers.

**Preparation time:** 25 minutes.

**Distribution Item Number:**

**Manufacturers' Code:** 971

**Contents:** Four 4-pound bags of heat-and-eat chili.

**Yield:** Two gallons (256 ounces) or 32 eight-ounce servings.

**Shelf Life:** Three months refrigerated or 18 months frozen.

**Ingredients:** Beef, tomato sauce, black and red beans, green peppers, onions, jalapeño, cayenne and mild and hot chili powder.

### Nutrition Facts

Amount Per Serving		% Daily Value*	
Serving Size 1 Cup Servings Per Container			
<b>Calories</b> 150	<b>Calories from Fat</b> 25		
		<b>Total Fat</b> 3g	
		<b>Saturated Fat</b> 1g	
		<b>Trans Fat</b> 0g	
		<b>Cholesterol</b> 5mg	
		<b>Sodium</b> 570mg	
		<b>Total Carbohydrate</b> 20g	
		<b>Dietary Fiber</b> 10g	
		<b>Sugars</b> 8g	
		<b>Protein</b> 12g	
<b>Vitamin A</b> 8%		<b>Vitamin C</b> 15%	
<b>Calcium</b> 4%		<b>Iron</b> 10%	



## Ivar's Two Spoon Sweet Tomato Basil Bisque

We blend ripe tomatoes, sweet basil, rich chicken stock and cream then finish it with a touch of cayenne for a sophisticated take on the classic.

**Preparation time:** 20 minutes.

**Distribution Item Number:**

**Manufacturers' Code:** 985

**Contents:** Four 4-pound bags of heat and serve soup.

**Yield:** Two gallons (256 ounces) or 32 eight ounce servings

**Shelf Life:** Three months refrigerated or 18 months frozen.

**Ingredients:** Tomatoes, cream, chicken stock, onion, garlic and cayenne pepper.

Nutrition Facts	
Serving Size 1 Cup Servings Per Container	
Amount Per Serving	
Calories 270	Calories from Fat 190
% Daily Value*	
<b>Total Fat</b> 21g	<b>32%</b>
Saturated Fat 11g	55%
Trans Fat 0g	
<b>Cholesterol</b> 55mg	<b>18%</b>
<b>Sodium</b> 600mg	<b>25%</b>
<b>Total Carbohydrate</b> 16g	<b>5%</b>
Dietary Fiber 1g	4%
Sugars 6g	
<b>Protein</b> 3g	
Vitamin A 20%	Vitamin C 6%
Calcium 4%	Iron 4%



## Ivar's Two Spoon Roasted Potato Cheese Soup

This hearty soup combines roasted potatoes with bacon, onions, chives and garlic in a rich creamy base of cheddar and parmesan cheese

**Preparation time:** 20 minutes.

**Distribution Item Number:**

**Manufacturers' Code:** 940

**Contents:** Four 4-pound bags of heat and serve soup.

**Yield:** Two gallons (256 ounces) or 32 eight ounce servings

**Shelf Life:** Three months refrigerated or 18 months frozen.

**Ingredients:** Roasted potatoes, bacon, chives, cream, cheddar and parmesan cheese, black pepper, and sea salt.

Nutrition Facts	
Serving Size 1 Cup Servings Per Container	
Amount Per Serving	
Calories 230	Calories from Fat 130
% Daily Value*	
<b>Total Fat</b> 14g	<b>22%</b>
Saturated Fat 5g	25%
Trans Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 780mg	<b>33%</b>
<b>Total Carbohydrate</b> 19g	<b>6%</b>
Dietary Fiber 1g	4%
Sugars 3g	
<b>Protein</b> 7g	
Vitamin A 8%	Vitamin C 6%
Calcium 8%	Iron 4%



## Ivar's Two Spoon Minestrone

This vegetarian favorite combines zucchini, tomatoes, spinach, carrots, garbanzo beans and pasta in a savory parmesan-rosemary broth.

**Preparation time:** 20 minutes.

**Distribution Item Number:**

**Manufacturers' Code:** 941

**Contents:** Four 4-pound bags of heat and serve soup.

**Yield:** Two gallons (256 ounces) or 32 eight ounce servings

**Shelf Life:** Three months refrigerated or 18 months frozen.

**Ingredients:** Fresh pasta, tomatoes, zucchini, carrots, celery, red bell peppers, garbanzo and red beans, spinach, rosemary and parmesan.

Nutrition Facts	
Serving Size 1 Cup Servings Per Container	
Amount Per Serving	
Calories 0	Calories from Fat 0
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	0%
Sugars 0g	
<b>Protein</b> 0g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%



## Ivar's Two Spoon Mushroom Soup

Shiitake, champignon, oyster and wood ear mushrooms are blended in a rich porcini scented chicken broth then finished with cream, sherry and chives.

**Preparation time:** 20 minutes.

**Distribution Item Number:**

**Manufacturers' Code:** 942

**Contents:** Four 4-pound bags of heat and serve soup.

**Yield:** Two gallons (256 ounces) or 32 eight ounce servings

**Shelf Life:** Three months refrigerated or 18 months frozen.

**Ingredients:** Shiitake, button, oyster, porcini, bolete and wood ear mushrooms, chicken stock, cream, butter, onions, garlic, sherry and chives.

Nutrition Facts	
Serving Size 1 Cup Servings Per Container	
Amount Per Serving	
Calories 0	Calories from Fat 0
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	0%
Sugars 0g	
<b>Protein</b> 0g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%



## Ivar's Two Spoon Chicken Coconut Curry

An enticing broth of red curry, coconut milk, lemongrass, ginger, garlic and Thai basil filled with chicken meat, carrots, red bell peppers, celery and bamboo shoots.

**Preparation time:** 20 minutes.

**Distribution Item Number:**

**Manufacturers' Code:** 943

**Contents:** Four 4-pound bags of heat and serve soup.

**Yield:** Two gallons (256 ounces) or 32 eight ounce servings

**Shelf Life:** Three months refrigerated or 18 months frozen.

**Ingredients:** Chicken meat, red curry, coconut milk, lemongrass, ginger, red bell peppers, carrots, celery, tomato and bamboo shoots.

Nutrition Facts	
Serving Size 1 Cup Servings Per Container	
Amount Per Serving	
Calories 0	Calories from Fat 0
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	0%
Sugars 0g	
<b>Protein</b> 0g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%

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